

What is sleep apnea?

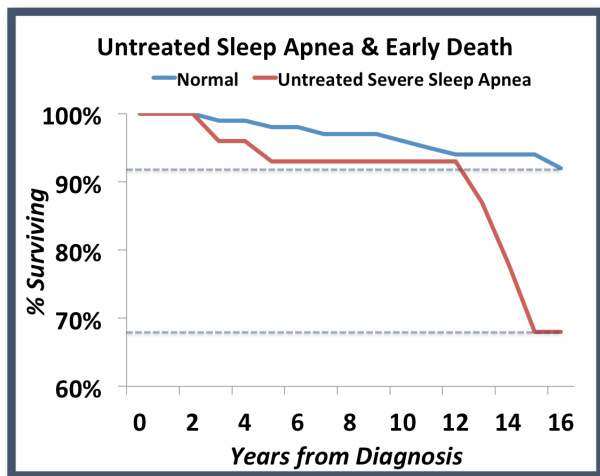
Obstructive sleep apnea (OSA) occurs with frequent collapse and obstruction of a person's airway during sleep.

Symptoms of OSA

- ✓ Loud snoring & gasping for air during sleep
- ✓ Excessive sleepiness
- ✓ Irritability & depression
- ✓ Lack of energy
- ✓ Trouble concentrating

Why treat my apnea NOW?

Sleep apnea increases your chances of getting in a car accident by 2.5X and leads to life threatening conditions like heart attack and stroke. Left untreated, the risk of death is up to 4 times greater¹!



AIRLIFT™

AIRLIFT™



Treating sleep apnea typically had to be highly invasive in order to be effective. The AirLift Procedure now provides a safe, effective, and minimally invasive solution.

Learn more at:

www.siestamedical.com

Siesta
Medical

(p) 408.320.9424
info@siestamedical.com

CAUTION: Federal (USA) law restricts this device to sale by or on the order of a physician

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Simple & Effective Sleep Apnea Therapy



**Breathe
Better
Tonight**

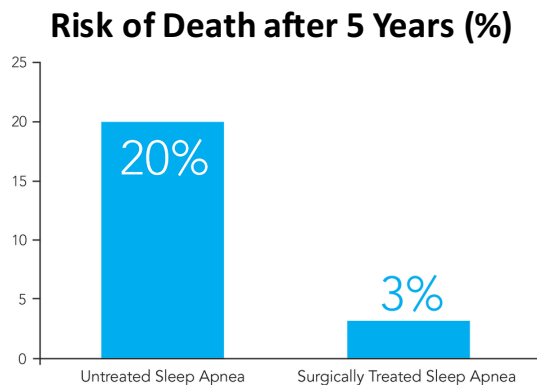
Modern Sleep Apnea Surgery: better than CPAP

Sleep apnea can now be effectively treated with a simple surgical procedure with few side effects. Surgery eliminates much of sleep apnea's health risk and is better than CPAP by 31% in reducing the risk of death.²

**31% better
than CPAP**

Benefits of the AirLift Procedure

A study comparing surgical treatment to no treatment demonstrated significant reduction in the risk of death after surgical treatment of sleep apnea³.

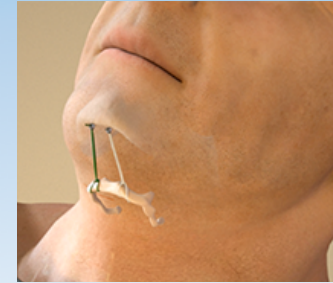


The AirLift™ Procedure

In a quick and safe procedure, sutures are placed around the hyoid bone and small suture anchors are placed under the chin. Your doctor then re-positions the hyoid bone forward. This opens your airway. If needed, your doctor can also place a suture loop to help prevent the tongue from blocking the airway.



Airway Obstructed during Sleep



Airway Opened and Stabilized with the AirLift Procedure



Is the AirLift Procedure right for me?

Talk to your doctor to see if you are a good candidate for the AirLift Procedure.



- ✓ **Minimally Invasive**
- ✓ **Effective**
- ✓ **Easily Adjusted or Removed if Needed**
- ✓ **Typically Outpatient Surgery**
- ✓ **Nothing To Wear or Turn On**
- ✓ **No Batteries**

1. Young T, et.al. Sleep disordered breathing and mortality: eighteen-year follow-up of the wisconsin sleep cohort. *SLEEP*, 2008.
2. Weaver E, et.al. Survival of veterans with sleep apnea: Continuous positive airway pressure versus surgery. *OHNS*, 2004.
3. Marti S, et. al. Mortality in severe sleep apnoea/hypopnea syndrome patients: impact of treatment. *European Respiratory Journal*, 2002, 20, 1511-1518.